

|                             |             | Oberliga         |          | Verbandsliga     |          | Oberliga         |          | Landesliga      |          | Landesliga           |                      |
|-----------------------------|-------------|------------------|----------|------------------|----------|------------------|----------|-----------------|----------|----------------------|----------------------|
|                             |             | Herren           |          | Herren           |          | Frauen           |          | Herren          |          | Frauen               |                      |
| Start                       |             | 10./11.09.2022   |          | 10./11.09.2022   |          | 10./11.09.2022   |          | 10./11.09.2022  |          | 10./11.09.2022       |                      |
| Anzahl M.                   |             | Soll 28 / Ist 28 |          | Soll 28 / Ist 30 |          | Soll 28 / Ist 28 |          | Soll 72 / Ist ? |          | Soll 72 / Ist ?      |                      |
| Staffel                     |             | Nds. + Nordsee   |          | Nds. + Nordsee   |          | Nds. + Nordsee   |          | 1 Liga          | 5 Ligen  | 4/5 Ligen            | 1 Liga               |
| Staffelstärke               |             | 14               | 15       | 14               | 15       | 14               | 15       | 12              | 13       | 12                   | 13                   |
| Spielplan                   |             | 14               | 16       | 14               | 16       | 14               | 14       | 12              | 14       | 12                   | 14                   |
| Termine Spielzeit 2022/2023 |             |                  |          |                  |          |                  |          |                 |          |                      |                      |
| Datum                       |             | Ferien           | Feiertag |                  |          |                  |          |                 |          |                      |                      |
| Sa,03.09.22                 | So,04.09.22 |                  |          | R                | R        | R                | R        | R               | R        | R                    | R                    |
| Sa,10.09.22                 | So,11.09.22 |                  |          | 1                | 1        | 1                | 1        | 1               | 1        | 1                    | 1                    |
| Sa,17.09.22                 | So,18.09.22 |                  |          | 2                | 2        | 2                | 2        | 2               | 2        | 2                    | 2                    |
| Sa,24.09.22                 | So,25.09.22 |                  |          | 3                | 3        | 3                | 3        | 3               | 3        | 3                    | 3                    |
| Sa,01.10.22                 | So,02.10.22 | X                |          | 4                | 4        | 4                | 4        | 4               | 4        | 4                    | 4                    |
| Sa,08.10.22                 | So,09.10.22 |                  |          | 5                | 5        | 5                | 5        | 5               | 5        | 5                    | 5                    |
| Sa,15.10.22                 | So,16.10.22 | X                |          | 6                | 6        | 6                | 6        | 6               | 6        | 6                    | 6                    |
| Sa,22.10.22                 | So,23.10.22 | X                |          |                  |          |                  |          |                 |          |                      |                      |
| Sa,29.10.22                 | So,30.10.22 | X                | X        | 7                | 7        |                  | 7        | 7               |          |                      |                      |
| Sa,05.11.22                 | So,06.11.22 |                  |          | 8                | 8        | 7                | 8        | 8               | 7        | 7                    | 7                    |
| Sa,12.11.22                 | So,13.11.22 |                  |          | 9                | 9        | 8                | 9        | 9               | 8        | 8                    | 8                    |
| Sa,19.11.22                 | So,20.11.22 |                  |          | 10               | 10       | 9                | 10       | 10              | 9        | 9                    | 9                    |
| Sa,26.11.22                 | So,27.11.22 |                  |          | 11               | 11       | 10               | 11       | 11              | 10       | 10                   | 10                   |
| Sa,03.12.22                 | So,04.12.22 |                  |          | 12               | 12       | 11               | 12       | 12              | 11       | 11                   | 11                   |
| Sa,10.12.22                 | So,11.12.22 |                  |          | R                | 13       | R                | 13       | R               | 12       | 11                   | 12                   |
| Sa,17.12.22                 | So,18.12.22 |                  |          | R                | R        | R                | R        | R               | R        | R                    | R                    |
| Sa,24.12.22                 | So,25.12.22 | X                | X        |                  |          |                  |          |                 |          |                      |                      |
| Sa,31.12.22                 | So,01.01.23 | X                | X        |                  |          |                  |          |                 |          |                      |                      |
| Sa,07.01.23                 | So,08.01.23 | X                |          | R                | R        | R                | R        | R               | R        | R                    | R                    |
| Sa,14.01.23                 | So,15.01.23 |                  |          | 13               | 14       | 12               | 14       | 13              | 14       | R                    | 13                   |
| Sa,21.01.23                 | So,22.01.23 |                  |          | 14               | 15       | 13               | 15       | 14              | 15       | 12                   | 14                   |
| Sa,28.01.23                 | So,29.01.23 | X                |          | R                | 16       | 14               | 16       | R               | 16       | R                    | R                    |
| Sa,04.02.23                 | So,05.02.23 |                  |          | 15               | 17       | 15               | 17       | 15              | 17       | 13                   | 15                   |
| Sa,11.02.23                 | So,12.02.23 |                  |          | 16               | R        | R                | R        | 16              | R        | 14                   | 16                   |
| Sa,18.02.23                 | So,19.02.23 |                  |          | R                | 18       | 16               | 18       | R               | 18       | 15                   | 17                   |
| Sa,25.02.23                 | So,26.02.23 |                  |          | 17               | 19       | 17               | 19       | 17              | 19       | R                    | R                    |
| Sa,04.03.23                 | So,05.03.23 |                  |          | 18               | 20       | 18               | R        | 18              | 20       | 16                   | 18                   |
| Sa,11.03.23                 | So,12.03.23 |                  |          | R                | R        | 19               | 20       | R               | R        | 17                   | 19                   |
| Sa,18.03.23                 | So,19.03.23 |                  |          | 19               | 21       | 20               | 21       | 19              | 21       | 18                   | 20                   |
| Sa,25.03.23                 | So,26.03.23 | X                |          | 20               | 22       | 21               | 22       | 20              | 22       | R                    | 21                   |
| Sa,01.04.23                 | So,02.04.23 | X                |          | R                | R        | R                | R        | R               | R        | R                    | R                    |
| Sa,08.04.23                 | So,09.04.23 | X                | X        |                  |          |                  |          |                 |          |                      |                      |
| Sa,15.04.23                 | So,16.04.23 |                  |          | 21               | 23       | 22               | 23       | 21              | 23       | 19                   | 22                   |
| Sa,22.04.23                 | So,23.04.23 |                  |          | 22               | 24       | 23               | 24       | 22              | 24       | 20                   | 23                   |
| Sa,29.04.23                 | So,30.04.23 |                  |          | 23               | 25       | 24               | 25       | 23              | 25       | R                    | R                    |
| Sa,06.05.23                 | So,07.05.23 |                  |          | 24               | 26       | 25               | 26       | 24              | 26       | 21                   | 24                   |
| Sa,13.05.23                 | So,14.05.23 |                  |          | 25               | 27       | 26               | 27       | 25              | 27       | 22                   | 25                   |
| Do,18.05.23                 |             | X                |          | R                | R        | R                | R        | R               | R        | R                    | R                    |
| Sa,20.05.23                 | So,21.05.23 |                  |          | 26               | 28       | R                | 28       | 26              | 28       | R                    | 26                   |
| Sa,27.05.23                 | So,28.05.23 | X                |          |                  |          |                  |          |                 |          |                      |                      |
| Sa,03.06.23                 | So,04.06.23 |                  |          | Auf/Ab 1         | 29       | Auf/Ab 1         | 29       | Auf/Ab 1        | 29       | Turnier Reli Abstieg | Turnier Reli Abstieg |
| Sa,10.06.23                 | So,11.06.23 |                  |          | Auf/Ab 2         | 30       | Auf/Ab 2         | 30       | Auf/Ab 2        | 30       |                      |                      |
| Sa,17.06.23                 | So,18.06.23 |                  |          |                  | Auf/Ab 1 |                  | Auf/Ab 1 |                 | Auf/Ab 1 |                      |                      |
| Sa,24.06.23                 | So,25.06.23 |                  |          |                  | Auf/Ab 2 |                  | Auf/Ab 2 |                 | Auf/Ab 2 |                      |                      |

Stand 17.05.2022